



South African Powerlifting Federation

2nd IPF University Classic Powerlifting World Cup

Potchefstroom, South Africa

Manager's Report

The 2nd IPF University Classic Powerlifting World Cup was held in Potchefstroom, South Africa from 9-15 July 2017, where 91 powerlifters from 28 universities from 13 countries competed. Team South Africa consisted of 10 powerlifters – 5 ladies and 5 men, competing under the South African Powerlifting Federation banner.

Here is the final #TeamSA medal count: the team won a total of 31 medals, and set 9 new SA National Junior records and 3 new SA National Open records. Highlights included UP lifter Francois Maritz winning the Best Male Lifter award, which is calculated on Wilk points across all weight divisions. Each of the SAPF lifters won at least one medal, and four SAPF students can now claim the title of 2017 World University Powerlifting Champion in their weight division, namely Rouxchelle Roux, Lezaan Jordaan, Marcel Vorster and Francois Maritz.

Medals

The breakdown of medals won by team South Africa is as follows:

	Bronze	Silver	Gold	Count
Squat	2	2	4	8
Bench Press	1	2	4	7
Deadlift	1	3	4	8
Total	2	2	4	8
<i>Count</i>	6	9	16	31

Results

The full results can be found here: <http://www.powerlifting-ipf.com/championships/results/2017/university-powerlifting-world-cup-2017.html>

Ladies Results

Lifter	Uni	Weight Division	Results				Medals/Placing				Records
			Sq	BP	DL	Total	Sq	BP	DL	Total	
Rouxchelle Roux	UP	52kg	107.5	55	120	282.5	Gold	Gold	Gold	Gold	SA Junior Squat, Bench and Total records. SA Junior Bench-only record
Megan Leighton	WITS	63kg	115	65	142.5	322.5	Bronze	Bronze	Silver	Silver	
Lezaan Jordaan	UJ	84kg	150	80	180	410	Gold	Gold	Gold	Gold	SA Junior Bench record SA Junior Bench-only record
Megan Brook-Sofianos	UP	84+kg	150	77.5	157.5	385	Silver	Silver	Silver	Silver	
Kay-Lee Steyn	NWU	84+kg	145	57.5	150	352.5	Bronze	5 th	4 th	4 th	

Men's Results

Lifter	Uni	Weight Division	Results				Medals/Placing				Records
			Sq	BP	DL	Total	Sq	BP	DL	Total	
Marcel Vorster	UP	66kg	200	130	195	525	Gold	Gold	4 th	Gold	SA Junior Squat, Bench + Bench-only record SA Open Squat record
Elfranco Holder	NWU	93kg	205	182.5	270	657.5	8 th	Silver	Gold	Bronze	SA Open Bench record SA Open Bench-only record
Terence Bosman	UJ	105kg	245	150	280	675	5 th	6 th	Bronze	4 th	
Rinus Bezuidenhout	NWU	105kg	280	137.5	285	702.5	Silver	9 th	Silver	Bronze	
Francois Maritz	UP	120kg	305	192.5	302.5	800	Gold	Gold	Gold	Gold	

Best Lifter awards

South African lifter Francois Maritz was awarded the Best Male Lifter award for his impressive Wilks total of 470.48, beating Francis Ferriols from the Royal Melbourne Institute of Technology by 1.06 points.

Amongst the South African women lifters, Lezaan Jordaan, Megan Leighton and Rouxchelle Roux achieved Top 10 positions, ranking 6th, 7th and 9th respectively.

Referees and other officials

SAPF President Johan Smith, in his capacity as Technical Chairman of the IPF, oversaw the running of the championships, as well as officiating on the jury. Esmay Smith, Ephraim Khandanise, Vicki Botha, Cliff Hayim, Johan Smith, Megan Leighton and Heinrich Janse van Rensburg officiated as referees in various sessions.

Congratulations go to Cliff Hayim and Johan Smith who were awarded their IPF International Category I referee certifications. Johan is officially the youngest IPF Cat I referee world-wide. Congratulations too to Megan Leighton who was awarded her IPF International Category II referee certification.

Next competition

The 2018 IPF World University Cup will be held in the Czech Republic.

Heather Leighton – Team manager
15/07/2017